Pendulums -- Everyday uses for Divination Tools

Pendulums are not just a pretty tool that sits on your shelf or hangs by your window to sparkle in the sunlight. Once you have tapped into the energy of dowsing, you can literally use any item that hangs on a chain or long length of cloth. I have used keys on a lanyard, a necklace, a ring on a string. All are equally useful and are easy to use on the sly if you are a closet witch who is trying to stay under the radar.

Pendulums come in a rainbow of colours, sizes, and components. Not every one will resonate with you, or even appeal to you. This is really a personal tool that works best if you choose it yourself. That being said, a gifted pendulum can be "programmed" to work with your energy.

The simplest method is to ask your pendulum a series of questions to begin the bonding process. Again, this is a personal method of divination so don't expect your method to match mine in every aspect.



Things to think about when choosing a pendulum:

Does the colour appeal to you?

Does the style or shape resonate with you?

When you bring your hand close, does it swing or vibrate?

Can you sense the inner energy of the pendulum?

I picked one. Now what??

I recommend cleansing and clearing any pendulum you choose, in particular, ones made from crystals. As energetic vessels, crystal pendulums will pick up and retain the energy of anyone who has come into contact with it.

Start by holding the chain of your pendulum loosely wrapped over your index finger, letting the chain and pendulum hang down without touching anything. You will hear that it should be in your non-dominant hand, but personally I work better with mine in my dominant hand.

Your practice is yours alone; work it as it feels best to you.

Next, using the fingers and thumb of your opposite hand, "pull" the residual energy off the tip of the hanging pendulum and send it to ground. I generally "flick" it down towards the earth, returning the energy to the Universe.

I will do this three times, but that is my preference.

Be very careful to research what type of crystal you have before cleansing your pendulum using these methods as not all crystals respond favourably to each one. Metal and wood also have their best practices.

You can cleanse the crystals in running water, with sunlight, under a full moon, or smudging. Use your preferred method combined with the intention of making your energetic connection stronger.



Now comes the programming part. Make note of how each pendulum responds. Don't be stressed if it does not seem to move a lot at first. The more you work with it, the stronger your connection and the more reactive the responses become. My pendulums usually move in the same manner every time, but that is not always the case.

Keep it simple. Remember that your pendulum works best on "Yes" or "No". Some will also answer as "Maybe"

If you are using a pendulum board or chart, follow the direction of the pendulum as it provides the answers to your questions.

Start by quieting your mind and opening your intuitive connection. These questions can be asked in any order, it is only important to make note of the response you get.

Ask your pendulum to

"Show me YES"
"Show me NO"
"Show me MAYBE"

I will ask my pendulum these questions whenever I feel the need to reconnect and reconfirm the responses I expect to see. It is also good to go back through these steps if your answers feel muddy or inaccurate. Once again, holding the pendulum so that it can swing freely, go through the next set of steps:

For each question, note the way that the pendulum swings. If you are using a pendulum board, watch and see how the swing matches the markings on the board or cloth.

If you are asking a series of questions, ask your pendulum to "Stop" after you receive each answer. It should come to a complete stop and hang motionless in your hand.

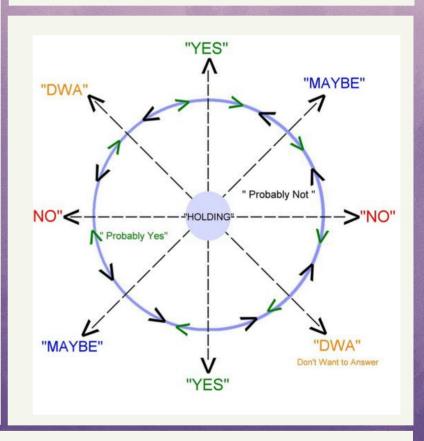
An alternative to that is the method that my pendulums use. As I tend to think in a rapid fire manner, my pendulums answer the same way.

If there are two "Yes" answers in a row, my pendulum swings in a circle for the first "Yes" then reverses direction and turns in a circle for the second "Yes" The same is true for "No", which for me is a straight line.

Remember to thank your pendulum (which is an extension of your higher self) for its help.

Ideas for using your pendulum:

- * finding lost objects
- * locating lost people
- * confirming intuitive information
- * answering quick "yes/no" questions



Show your pendulum respect throughout and after each use. While it can be used by different people, it is not a party favour to be passed around a room with the expectation that everyone can try it. Crystals in particular will resonate best for certain people and not at all for others. People who are trying this for the first time should try it with an unprogrammed pendulum or a necklace.

One method for confirming your intuition:

TRIGGER WARNING:

This can be delicate if there has been a loss of any kind, so be respectful of your querent and forewarn them that all information is known to the Universe and will come through in this type of reading.

With yourself as the querent, or someone you know well, ask the pendulum to show you how it swings to indicate a "boy" or for a "girl".

Then ask the pendulum to show you, in chronological order, the gender and number of *pregnancies* the person has had.

This is a more sophisticated method of the needle on a string that women would use to determine the gender of a baby before it was born. If the pendulum makes a abrupt stop, this is often an indication of a loss or termination. Gender will still be indicated as this is determined at the time of conception. Be very gentle relaying any information of a loss.

If the pendulum does not pause or stop between "hits" there could be twins involved, or the pregnancies are so close together that they read as one.

The length of the pause between "hits" is a good indicator of the amount of time between pregnancies.

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